

## Roast Glazed Pork Steak

served with Coriander  
and Lemon Couscous



*Garth McCollgan*

# "Good stuff for Dad!"



"Bacon, pork and a golden honey glaze – this is 'sweet and sour' Irish-style! I've married it to Coriander and Lemon Couscous, which gives it an added dimension of magical Moroccan flavour. Couscous is low in calories and a good source of vitamins and fibre too – better still, it's an absolute doddle to make, which makes it a wonder food all round! Don't forget it's Father's Day soon – substantial, healthy and bursting with taste, this is a dish no Dad could resist. Best leave him in peace to have a snooze on the sofa afterwards!"

*Garth  
McCollgan*





"Sweet dreams  
are made of this"

"Fancy a go at my sweet and golden  
Honey Glaze Pork? Aldi has all the  
ingredients you need, from honey  
to lemon to sugar, plus the  
couscous to complement it in a fine  
and healthy fashion. And the  
sweetest part? The price!"

**Roast Glazed  
Pork Steak**

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*Garth McCollgan*



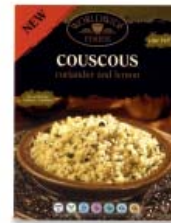
**Specially Selected  
Beechwood Smoked  
Bacon Rashers**

€2.99  
PER PACK  
250g, €11.96 per kg



**Honey**

€2.29  
EACH  
454g, €5.04 per kg



**Coriander and  
Lemon Couscous**

Was €1.89  
**NOW 99c** PER PACK  
198g, €5.00 per kg



**Vegetable Oil**

€1.35  
PER PACK  
1 litre, €1.35 per litre



**Irish Pork Steak**

€9.89  
PER KG  
For price see pack



**Light Brown  
Soft Sugar**

€84c PER PACK  
500g, €1.68 per kg



**Lemons**

€89c PER PACK  
3 pack, 296c each

**Carrots**

\*See in store for price



**Irish Butter**

€1.79  
EACH  
454g, €3.94 per kg

