

School night surprise

Succulent sausages sunk into mash, smothered in red wine gravy



Gareth McCollgan

Irish Sausages and Mash with Red Onion Gravy (Serves 3-4)

Ingredients

- 1 pack Specially Selected Butcher's Choice Pork Sausages
- 1 pack frozen mashed potatoes
- 2 large onions, sliced
- 2 tbsp plain flour
- 1 glass red wine
- Few sprigs of thyme
- 500ml beef stock

Method

1. Bake the sausages in the oven at 200°C, for 20 minutes, turning once.
2. Prepare the mashed potatoes as per pack instructions.
3. Fry the sliced onions in a little oil over a medium heat for 15 minutes, stirring occasionally.
4. Turn the pan's heat up, cooking for a further 2 minutes without stirring; add the glass of red wine and simmer for 5 minutes. Turn the heat back down to medium.
5. Stir in 2 tbsp plain flour and cook for 1 minute.
6. Add the thyme, then the beef stock (gradually) until it's all used up. Simmer gently for 5 minutes. The gravy's now ready.
7. Sink the sausages into the mash and pour over the onion gravy.

Serving Tips

Spread a very thin layer of mashed potato across a baking tray and bake for 15-20 minutes until golden brown. Break into little pieces and sprinkle over the sausages and mash. You might also want to grate some white cheddar cheese on top.

“Bangers that won't blow a hole in the family budget!”

“It can be an expensive business feeding a ravenous family – unless, that is, you shop at Aldi. This week's sausage and mash recipe is certain to fortify your gang, without you having to fork out a fortune!”



Serving suggestion
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Aldi ingredients



Specially Selected 9 Butcher's Choice Pork Sausages
€2.29 PER PACK
370g, €6.19 per kg



Frozen Mashed Potatoes
€1.39 EACH
680g, €2.04 per kg



Plain Flour
72c EACH
2kg, 36c per kg



Beef Stock Cubes
89c PER PACK
12 x 10g, €7.42 per kg



Tierra Del Sol Cabernet Sauvignon
€4.79 EACH
75cl, €4.79 per 75cl



Specially Selected Irish Vintage Cheddar
€2.79 EACH
250g €11.16 per kg
Available in red/white



Large Onions
99c PER PACK
3 pack, 33c each



Thyme
€1.19 EACH
25g, €47.60 per kg

*Fresh produce prices can vary. Offers available for a limited time only, subject to availability.